**For Immediate Release**

Contact: Your Name

 312-555-3521

*David Fairmont Joins Michigan Avenue Athletic Club*

**Chicago, IL** -- Michigan Avenue Athletic Club is pleased to announce that David Fairmont has joined our staff as a personal trainer. Mr. Fairmont holds a master’s degree in health management from the University of Vermont in Burlington, Vermont. He is also fluent in Spanish, and he enjoys mountain biking in his spare time. He is a licensed personal trainer with extensive experience in cardiovascular health.

Michigan Avenue Athletic Club is a full-service athletic facility located in downtown Chicago. The facility includes racquetball and tennis courts, an indoor pool, five exercise rooms, and a vast array of equipment for individual use and group lessons.

In addition to our athletic facilities, the club sponsors social gatherings and supports many local charities. We also offer spa services, a pro shop, and a café.

For more information about David Fairmont or membership in our club, please contact Your Name at 312-555-3521, or visit us on the Web at www.michaveclub.com.